

PARTNERS IN WOMEN'S HEALTHCARE

HYSTEROSALPINGOGRAM

The purpose of the Hysterosalpingogram, or HSG, is to see if the fallopian tubes are open. It is performed at Harrisburg Hospital Monday through Friday at 8:00am by the physicians in our practice. The test is scheduled from Day 5 through Day 10 of your cycle when chances of conception are low. It is safe, however, to continue trying to conceive during this same cycle. A HSG is performed after a menstrual period, but before ovulation.

Not all insurance plans cover this type of testing. Before you choose to have the HSG done, please contact your insurance company to find out what type of infertility benefits you have and whether or not the Hysterosalpingogram is actually a covered procedure. The following codes are what the insurance company will require in order to determine coverage:

Diagnosis code: (ICD-9) V26.21; (ICD-10) Z31.41 (fertility testing)

Procedure code: 58340 (this is for our physician's portion of the test)

74740 (this is for the hospital/radiology portion of the test)

*** All deductibles will need paid prior to the procedure***

In order to minimize cramping, it is best to take 3 – 4 Ibuprofen (Advil or Motrin), 30 – 60 minutes before the test. You can also eat a light breakfast the morning of the HSG. It is recommended that you have someone present to drive you home should the cramping be too severe. Activities the rest of the day, including work, are not restricted. You will need to use your own judgment depending upon how you feel. You may also resume sexual intercourse and your regular diet as soon as you desire.

Patients are to park in the Brady Hall Parking Garage. If you are coming down Second Street (off 83 Interstate), make a left onto Mary Street just **before** the hospital. If you are coming down Front Street (off 81 Interstate), make a left onto Mary Street just **after** passing the hospital. Take the elevator out of the garage. There will be signs directing you to the front entrance of the hospital. After entering the front entrance, walk straight back the hall. You will be looking for a sign hanging from the ceiling on the left-hand side of the hallway that says "Patient Reception". You need to register for the HSG in this room **30 minutes** before your scheduled appointment.

After registering, you will be sent to the Radiology Department for the procedure. Upon changing into a hospital gown, you will be asked to lie on a long table. The physician may want to perform a brief pelvic exam at this time to determine the position of your uterus. A speculum will then be inserted into your vagina so that the cervix can be visualized. The cervix will be cleansed with **Iodine** (you may see some discharge after the test because of this). The physician will then pass an instrument containing a dye contrast medium into your cervix. This will cause some cramping. At this point you will be instructed to push back and lie flat on the

table while the x-ray machine is placed over your pelvis. You may be asked to turn side to side during the x-rays, then flat on your back. The physician will then remove the instruments and the procedure will be concluded. Immediately after the test, you will receive a brief result of the Hysterosalpingogram. (A radiologist will read the films at a later time and then send a formal report to our office.) You will also have the opportunity to rest for a time after the HSG until you feel more comfortable.

If you have any questions, you may contact our infertility nurse, Pamela A. Bast, LPN, at 717-909-4788.