

# Carrier Screening Options

Carrier screening is available to women who are planning to conceive or who are already pregnant. Carrier testing screens you for inherited genetic disorders that you could pass on to your baby. If you choose to have screening done there are 3 genetic disorder screens that Partners in Women's Healthcare recommends: *Cystic Fibrosis, Spinal Muscular Atrophy and Fragile X syndrome*. Additionally, *Duchenne Muscular Dystrophy* screening is offered as part of the Natera Horizon 4 . Other more comprehensive screenings are available and may be recommended based on personal or family history. PIWH utilizes these labs to perform carrier screening:

## LABCORP

### CF/SMA/Fragile X

Log on to [Integrated Genetics.com](https://www.integratedgenetics.com) to see testing options and get estimated out of pocket expense.

Genetic counseling is also available. Click on link for genetic counseling on [Integrated Genetics website](https://www.integratedgenetics.com)

## NATERA

### Horizon 4 CF/SMA/Fragile X/DMD

Log on to [Natera.com](https://www.natera.com) to see testing options. To get an estimated out of pocket expense contact Natera rep Kevin Bucek at 717-829-3396.

Genetic counseling is also available. Activate your Natera patient portal for access to genetic counseling or call 844-707-4621

## QUEST

### CF/SMA/Fragile X

Log on to [Quest Diagnostics.com](https://www.questdiagnostics.com) and type carrier testing in search bar. Choose the 1<sup>st</sup> link for patient information that includes testing options & financial assistance availability.

Call your insurance carrier and provide these CPT codes

- 81220- Cystic Fibrosis
- 81243- Fragile X
- 81401- SMA
- 36415-venipuncture

Please review the options provided above to get information regarding these tests and potential out of pocket costs to you. **Partners in Women's Healthcare is not responsible for any out of pocket expense and will not check coverage and benefits for these optional studies.**

If you would like to have one of these screens you may have the blood drawn at any of our locations (excluding Newport).