



DENTAL CARE IN PREGNANCY

SHOULD I SEE A DENTIST DURING PREGNANCY?

- During pregnancy you may need to visit the dentist. We encourage you to keep your dental appointments.
- Good oral health habits have a positive effect on cardiovascular disease, diabetes, and other disorders.

WHY IS DENTAL HEALTH SO IMPORTANT?

- Women are prone to gum disease and cavities due to changing hormones in pregnancy.
- Some studies have linked periodontal infection and preterm birth as well as other complications in pregnancy.

WHAT SHOULD I TELL MY DENTIST?

- If you have an appointment or you are having a dental concern, you should tell your dentist that you are pregnant.
- If a dental x-ray is needed, you should have a double lead gown over your abdomen.
- If local anesthetic is used, it SHOULD NOT include epinephrine.
- If a narcotic is needed following a procedure, most narcotics are safe for short-term use during pregnancy.

WHEN SHOULD I CALL THE OFFICE?

- Please do not hesitate to call the office if you have any questions regarding a visit to the dentist.
- If certain medications or treatments are prescribed by your dentist and you would like to inform your provider, please call or send a portal message.